

# Skin Profile Reference

A practical summary of skin type and visible aging pattern combinations

## How to use this guide

Find the row that most closely reflects both your skin type and your dominant aging pattern. Pure types are uncommon; use the table as an observation guide, not a diagnosis.

|  | Normal skin                                                                  |                                                              |                                                                                                               |
|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| Aging pattern                                                                     | What you may notice                                                          | Main risks                                                   | What to prioritize                                                                                            |
| Tired                                                                             | “My face looks dull, washed out and tired.”                                  | Puffiness, dull tone and early nasolabial folds.             | Prioritize sleep and recovery, gentle drainage, antioxidant support and consistent foundational care.         |
| Fine-Wrinkle                                                                      | “There are many fine lines, and my skin has become thin.”                    | Dehydration, a network of fine lines and faster photoaging.  | Hydration, barrier protection, daily SPF and gentle antioxidant actives.                                      |
| Deformation                                                                       | “My face has sagged and I have developed a double chin.”                     | Loss of facial contour and heaviness through the lower face. | Support posture and weight stability, gentle drainage, reduce puffiness and maintain skin quality.            |
| Muscular                                                                          | “Expression lines are especially visible on my forehead and around my eyes.” | Deep expression folds.                                       | Relax repetitive facial tension, care for the eye area, use appropriate age-supporting actives and daily SPF. |



## Dry skin

| Aging pattern       | What you may notice                                                    | Main risks                                              | What to prioritize                                                                                             |
|---------------------|------------------------------------------------------------------------|---------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| <b>Tired</b>        | "My skin always feels dry and tired, and its tone emphasizes fatigue." | Dryness, dullness and early creasing.                   | Nourish and hydrate, restore the barrier, cleanse gently and address puffiness and recovery.                   |
| <b>Fine-Wrinkle</b> | "There are many tiny wrinkles; my skin feels like paper."              | Rapid deepening of wrinkles and strong sun sensitivity. | Use richer hydrating textures, daily SPF and gentle actives; avoid aggressive treatments and over-exfoliation. |
| <b>Deformation</b>  | "My face is dry and has also become puffy and heavy."                  | A combination of dryness and loss of facial contour.    | Balance hydration and nourishment with work on contour and puffiness; choose procedures carefully.             |
| <b>Muscular</b>     | "My forehead and eye area are lined, and my skin is thin."             | Deep expression lines combined with dryness.            | Hydrate well, care for the eye area, soften facial tension and introduce retinoids or peptides gradually.      |

# Skin Profile Reference

Continued



## Combination skin

| Aging pattern | What you may notice                                                          | Main risks                                                     | What to prioritize                                                                                                 |
|---------------|------------------------------------------------------------------------------|----------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| Tired         | “My T-zone shines, but overall my face looks tired.”                         | Puffiness, dull tone and localized breakouts.                  | Balance the T-zone without over-drying, support drainage, keep a consistent routine and use light hydration.       |
| Fine-Wrinkle  | “I have some shine and fine lines, especially around my eyes.”               | Localized dehydration with wrinkles around the eyes and mouth. | Use light textures, deeper hydration, separate care for the eye area and daily SPF.                                |
| Deformation   | “Jowls have appeared and the lower face feels heavier than before.”          | A pronounced lower-face contour with a tendency to puffiness.  | Target contour and puffiness, manage weight sensibly and maintain consistent skincare and SPF.                     |
| Muscular      | “My expressions are active, my forehead is smooth, but creases form easily.” | Expression lines plus localized breakouts.                     | Cleanse gently, manage blemishes without over-drying, ease facial tension and use targeted age-supporting actives. |

# Skin Profile Reference

Continued



Oily skin

| Aging pattern | What you may notice                                                | Main risks                                                 | What to prioritize                                                                                                  |
|---------------|--------------------------------------------------------------------|------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| Tired         | “My face is shiny but still looks tired.”                          | Puffiness, dull tone and enlarged pores.                   | Support healthy routines and drainage, control sebum gently and work on uneven tone without harsh stripping.        |
| Fine-Wrinkle  | “My skin is oily, yet fine lines are still visible.”               | Dehydrated oily skin and a fine network of lines.          | Hydrate without over-drying, add antioxidants and SPF, and use gentle acids on a considered schedule.               |
| Deformation   | “My facial contour has dropped and my face feels heavier.”         | A pronounced lower face, puffiness and a fuller chin area. | Address puffiness and weight stability, consider professional contour guidance and use gentle sebum-balancing care. |
| Muscular      | “My skin is oily and expressive, and deep creases are developing.” | Deepening expression lines and breakouts.                  | Combine blemish care with facial-tension awareness, daily SPF and targeted actives introduced gradually.            |

Important: Skin changes over time. Reassess when seasons, hormones, health, stress or environment change. Cosmetic procedures should be selected with a qualified medical professional.